



Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

MAY 2022

PRESIDENT'S POST



How quickly we moved from spring to summer temperatures. I am sure many of you are planning your summer vacations. That is usually the time I think: *need to get that repaired or installed before I go.*

Usually my neighbors help us with small jobs outside our skill set or level of confidence. However, if they are away I turn for help or direction to Aging in Place members and volunteers.

A month or so ago we received a call from a skilled builder/renovator and landscaper who wanted to become a member and volunteer his services. He and his wife are around my age and, like me, have a personal interest in helping seniors. If you have small jobs to do, or maybe just need some coaching on how to do a small job, then phone our virtual office at 281-845-4441 or email aiptwtx@gmail.com and one of our call managers can connect you with Don.

Margo Pearson and **Vicki Bradley** are working on a member survey to help us better understand what people in The Woodlands need in order to age independently with dignity and purpose in their own home and community. The results of the survey will help us customize our services and programs going forward.

Strange as this may seem, as someone who worked for many years in the computer industry, I could use some help with virtual networking and figuring out how to use the smart features on my new appliances that have Wi-fi connectivity. I ran out of time to connect the dishwasher and read the operating instructions before I hosted the Garden Club's end-of-season luncheon. Funny to have such a nice new appliance and end up doing the washing up by hand. When I have a minute I can start my journey of discovery, or I can phone a knowledgeable AIP-TW member or volunteer to help me. They are like gold in these situations. Thank you so much for your kindness and generosity to me and others.

Best Wishes,

Robyn

JOIN US FOR BRUNCH ON FRIDAY, MAY 13 AT 11 A.M IN PRIVATE HOME



Bruce and Mary Cunningham are graciously hosting a brunch for Aging in Place – The Woodlands members and volunteers on Friday, May 13 at 11 a.m. in their Grogan's Mill Village home, 2 Moonvine Court. The menu will include juices, tea, coffee, meat, eggs, pastries, salads and more.

Please RSVP by Tuesday, May 10 to bruce.cunningham@gmail.com or you can

call 281-686-7979 for more information. If you want to leave early, please park on the street, otherwise pull all the way into the circular driveway. Rides are available for those who need them. Call 281-845-4441 or email aiptwtx@gmail.com to schedule transportation.

COLON CANCER PREVENTION WEBINAR IS THURSDAY, MAY 26, NOON-1 P.M.

A panel of experts at Houston Methodist The Woodlands Hospital will discuss colon cancer risk factors, the importance of lifestyle changes aimed at cancer prevention, current colon cancer screening guidelines and gastroenterology during a Zoom webinar on Thursday, May 26, noon to 1 p.m. This virtual presentation has been rescheduled from its original date in April. **To register for this event, please visit houstonmethodist.org/events/services or contact Lindsey Pimentel at lpimentel@houstonmethodist.org.**

APRIL TOUR OF FARMER'S MARKET WAS FUN AND INFORMATIVE



A few drops of rain on a cloudy Saturday morning in mid-April didn't deter a group of AIP-TW members from enjoying a tour of The Woodlands Farmer's Market led by Bruce Cunningham. Freshly baked scones and croissants were popular treats.



NEXT BOARD MEETING IS THURSDAY, JUNE 16 AT 3 P.M.

Board meetings are open to all members and volunteers. They will be held online on the third Thursday of every other month at 3 p.m. via Zoom.

Dates for upcoming board meetings are June 16, Aug. 18, Oct. 20 and Dec. 15.

To join the Zoom meetings click on the following link or enter the meeting

ID and passcode:

<https://us06web.zoom.us/j/89604541956?pwd=Q2xSNmF4Zm53V29FSGhEd044WWYvZz09>

MOST PEOPLE WANT TO AGE IN THEIR OWN HOME OR COMMUNITY

A new poll by the Associated Press NORC Center for Public Affairs Research found that **88 percent of adults 50 and older say they want to age in their own home or community.** Aging in Place – The Woodlands was founded five years ago by a group of dedicated volunteers to promote the concept of neighbor helping neighbor as we age.



Words of Wisdom

Tomorrow is a new day

Making mistakes is part of life

Beauty and strength come from within



Essential to building and sustaining thriving Villages

**Our Village is a
Proud Member of
the Village to Village
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aipw> or visit our website:
<https://aipwtwtx.clubexpress.com>.