

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

February 2024

President's Post

This month Robyn shares with us an important part of her introductory remarks at the Annual General Meeting in January. At the meeting, she read a description of the Village Model written by the AARP Public Policy Institute Spotlight. This model is used by the Village to Village Network and, of course, Aging in Place - The Woodlands. It explains the reasons the Village Model is needed and how it works for people like us who want to age in place. (Robyn is visiting family in New Zealand.) The Editors

As people age and enter different life stages, their needs can change. After retiring, some older adults may look for places to volunteer or a group to reinvigorate fragmented social networks. Others may need transportation when they stop driving, have someone to assist with household chores, or help them get around easier and safer. When communities offer these services and options, they are supporting people who want to age in place.

The Village model has emerged as an innovative way to support an aging society. It is a consumer-driven model that aims to promote aging in place for community-dwelling older adults. Villages generally are not actual destinations in the sense that they are a traditional town or jurisdiction. Rather, Villages are membership organizations comprised of older adults living in their own homes. Most Villages are grassroots—developed and governed by older adults who have a shared interest in living independently and avoiding unwanted relocations.

Villages typically charge yearly dues and, in exchange, support community members by organizing social engagement activities, opportunities for mutual volunteering, transportation assistance, and referral to existing services in the community.

I feel that there is nothing more artistic than to love people.
Vincent van Gogh



Membership Chair needed! For more information contact AIP at 281-845-4441 or Aiptwtx@gmail.com



Bernice Brown

Sharon M Heuer

Getting to Know AIP-TW members by Age Range*

50-40s	2 people	60s	7 people	70s	17 people	80s	26 people	90s	6 people
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*Based on members who entered their birthday

February Social – The Wheel Kitchen

Our Social for this month will be a visit to the Wheel Kitchen Restaurant for Lunch on Wednesday, Feb. 28 at 11:00 a.m. This is a very nice restaurant, and their food is healthy and tasty. We had a social there last April and everyone enjoyed it.

Please RSVP to Aging In Place at 281-845-4441 or send an email by Feb 14th so we know how many people to expect.

If you need a ride, please let us know.

The Wheel Kitchen - Tel. 346-336-8098
25510 Zion Lutheran Cemetery Rd, Tomball, TX 77375



Attendees – April AIP-TW Social



Click for menu <https://www.wheelkitchen.com/>
Each person will pay for their lunch.



Where there is love, there is life.
Mahatma Gandhi

Events

Concert in the Park – Northshore Park
2505 Lake Woodlands Dr, The Woodlands, TX 77380



Sunday, February 18, 2024

Concert in the Park is a popular family tradition of music and fun for all ages! Coolers, picnic baskets, blankets and lawn chairs are permitted. Glass is prohibited. All entertainment is weather-dependent and subject to change.

Sunday, February 18 *Samy Jo (Variety)*

Sunday, February 25 *Jesse Stratton Band (Alternative Country / Americana)*



Learn about your iPhone

Thu, Feb 15, 12:30 – 1:30 PM

Apple The Woodlands Mall

1201 Lake Woodlands Dr, The Woodlands, TX

Whether you're new to iPhone or need a refresher, join us to learn about features and get more out of your device. We'll start by navigating iPhone and share simple ways to organize your Home Screen so you stay connected to what matters most. Then you'll explore the latest features and apps that make everyday tasks easier.

<https://www.apple.com/today/event/get-started-iphone/7150187637947862272/>

The Woodlands Children's Museum

4775 W Panther Creek Dr #280, The Woodlands, TX

The Woodlands Children's Museum has two interesting events. The Museum might not be the first place we think of to visit but take a young person with you or think young.



Mardi Gras

Tuesday, February 13th, 10am-2pm

Parades at 10:30am and 11:30am. Come celebrate "Fat Tuesday" with us in the traditional Louisiana style! Create festive masks and necklaces.

[Leave a little sparkle wherever you go](#)

Lunar New Year Celebration

Join us on Saturday, February 3rd to Celebrate the Year of the DRAGON! Experience the Museum transformed in traditional colors and decorations for this amazing Lunar New Year's event while experiencing various fun activities and art projects!

Performances by the Houston Lion Kings at 10:30, 11:30, and 12:30.

Event is included in the price of admission, which is \$9 for adults and children 1 year and older.



Highlights from the Annual General Meeting

Held on Jan 11, 2024 – 3 to 5 pm
Roberto's Restaurant - 3126 Sawdust Rd, The Woodlands

During the business meeting, each committee chair or delegated substitute delivered a summary of activities for 2023.

An average of 28 rides per month were provided last year. We're looking for drivers. Please volunteer if you can.

Robyn West, President, thanked all the committee chairs for their service during the year.



She then presented the Goals for 2024 as shown below.

The Board Members were elected to another term followed by electing the Officers for 2024. They are all listed on the next page.

Robyn encouraged all members to get involved in whatever way they can. People interested in driving or participating on a committee can contact AIP.

281-845-4441 Aiptwtx@gmail.com

After the business meeting, the attendees enjoyed a taco bar and socializing.

2024 Goals

- ✓ Succession Planning
 - Recruit committed volunteers to lead committees and the organization.
 - People shouldn't feel trapped in a role but be able to pass the baton to the next member.
 - Recruiting is an issue because we are not a non-profit whose mission it is to fundraise to achieve our mission. Our mission basically provides neighborly support to enable each of us to age in our own homes for as long as that is practical. We need people willing to lead and do the work.
- ✓ Continue providing neighborly help and support: Transportation, socials, small chores and technology assistance as well as providing connections to community resources.
- ✓ Spread the word to the people on your street or in your building who want to age in their own homes. Invite them to attend an AIP-TW social as your guest.
- ✓ Run a tight ship. As Board members we have legal and fiduciary responsibilities to carry out on behalf of the membership.
 - We don't have a lot of people so the processes and systems need to be easy to manage and audit.
 - This includes the plan to always have money to cover the annual expenses while keeping a reserve. Any excess at that point will be spent to the benefit of the members, as we did by providing the Xmas lunch.

Meet Your Board of Directors and Officers



Robyn West
President

Member since 2019
Volunteer Driver



Bruce Cunningham
Past President
Founding Member

Member since 2015
Social Committee



Patrick Lyons
Vice President

Member since 2017
Administration Chair



Patricia Goodpastor
Board Member

Member since 2018
Membership Chair
Call Manager



Wendy Lyons
Treasurer

Member since 2017
Volunteer Driver



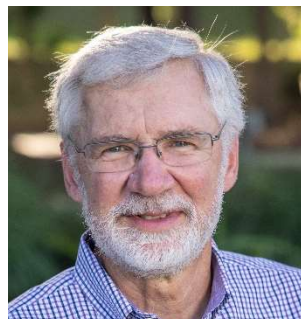
Erika Pratt
Founding Member

Member since 2015
Transportation Chair
Social Committee
Volunteer Driver
Call Manager



Margo Pearson
Secretary

Member since 2018
Call Manager
Volunteer Driver
Newsletter Co-editor



Bob Evans
Board Member

Member since 2021
Community Resources

Resources You Can Use

The resources, here and on our website, are services provided by other organizations which may be helpful. The information and references to any service or provider shared in this section are for informational purposes only and are not an endorsement or recommendation and do not imply any vetting by AIP-TW of that service or provider. Any errors, updates, suggestions, please call us at 281-845-4441.

On our website – www.aiptwtx.org scroll to the Community Resources button where you can find resources in the following categories. You can click on each category to see the resources in that category.

Here are new options for transportation added to the transportation category.

- **Houston Ground Angels** 832-301-2816 (info only)
<https://groundangels.org/>
 - Houston Ground Angels' volunteer drivers provide ground transportation from home to the Texas Medical Center or other medical facilities.
 - Reservations must be made through the website, not by phone. Two reservations are required for a round-trip. Rider estimates the time for the return trip and updates the driver via cell phone if delayed.
 - This service is offered for those requiring **critical care**, such as cancer treatments, not for traditional preventative or minor illness doctor's appointments.
 - Houston Ground Angel's cannot accommodate a wheelchair-bound rider.
 - Cost: free (no tipping allowed)
- **Woodlands Shuttle** 832-985-4347
<https://www.woodlandshuttle.com/>
 - Provides one-way or round-trip transportation from your home to either Houston airport
 - Call or text to arrange a trip
 - Pricing is listed on the website.
 - Woodlands Shuttle cannot accommodate a wheelchair-bound rider.
- **Go Green Eco Taxi** 281-639-9724
<https://www.gogreenecotaxi.com/>
 - Provides transportation services in The Woodlands
 - Cost: \$5 to \$10 depending on the distance, per person, one-way
 - Call to arrange a ride
 - Go Green Eco Taxi cannot accommodate a wheelchair-bound rider.



A loving heart is the truest wisdom.
Charles Dickens



Essential to building and sustaining thriving Villages

**Our Village is a Proud
Member of the Village to
Village Network**

<https://www.vtvnetwork.org/>

Visit us:

Facebook at <http://www.facebook.com/groups/aiptw>

Our website: <https://aiptwtx.clubexpress.com>

Contact us at:

Aging in Place – The Woodlands
P.O. Box 133291
Spring, TX 77393

281-845-4441

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