



Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

July 2023

Presidents Post

Hi Members,

Wishing you all a very Happy Fourth of July. It's a great time to connect with friends, family, and neighbors. Hopefully, the 'heat dome' will move on! Not sure where to, but Texas needs a break so we can spend a little of summer outside, at least comfortably in the shade.

We have been talking for some time about letting our friends and neighbors know about our services. We decided you, our members, are the best way to let people aging in their homes know that a small but determined neighborly support group is available to them. We will ask each of you to forward the email that we have drafted.

All you need to do is forward it on to people you know in the area who may have some interest in our membership, either as a client and/or a volunteer who can contribute their time and talent to the membership. The idea rather reminded me of chain letters we used to write as children. Send the letter to some of your friends and neighbors; ask them to forward it to theirs.

I am sure we all find it distressing to see people of our age struggling. Maybe a partner is ill or deceased, or we can no longer drive, or we just need someone to visit or call from time to time. Yes, there are non-profit organizations in the area who can also help but a membership is about helping one another as friends and neighbors. Social gatherings are a great way to get to know one another, even if the activity is hosted by another organization like the Pavilion or Interfaith. We don't have to go 'on our own'.

With the help of Vicki and Margo, I will be sending each of you who use email, a draft email that you can personalize if you wish. I really believe that the personal touch means more than an advert in a magazine.

Thanks in advance for doing what you can to let others know we exist and help them to connect with this wonderful membership and neighborly support structure.

Best wishes,
Robyn

Happy July 4th!



Getting to Know You

Where were you born? Here? There? Let us know your state, and/or country and we'll publish the list (without names). It will be interesting to see how widespread our birth places are.

Email us at aipwtwx@gmail.com with the Subject Heading "Newsletter Birth Places." If you prefer to mail us, see our mailing address at the end of this newsletter.

Here's a birthplace story from Margo, volunteer and co-author of this newsletter:

"I was born in Oregon while my parents were traveling through. The next time I saw Oregon, I was 16 years old. I never knew what to say when people asked me what Oregon was like after asking where I was born."



Getting to Know The Woodlands



We all love The Woodlands and, perhaps, have taken a photo or two of something we find especially interesting.

For example, here is a "tree stump tea party." It changes over time as people add or subtract items. The tree stump is located on the path on Fernridge in Grogan's Mill Village.

Please email your favorite photo you have taken of The Woodlands to aipwtwx@gmail.com Subject Heading "Newsletter The Woodlands Photo."

Include the general location such as the nearest street, if it was on a path, or near a home. Please only send photos of people if you have their permission to submit the photo to AIP.

And The Woodlands Knows Aging in Place – The Woodlands

Both Indian Springs and Grogan's Mill Village Associations (from the Farmers Market profits) have made annual donations to AIP-TW recently. Several of our members are active in both Village Associations.

If you haven't visited the Saturday morning Farmers Market (9 a.m. to noon) at the Grogan's Mill Village Shopping Center in a while, summer is a great time to check out the vendors. There is always something new to sample and purchase.

July Social

Cirque de la Symphonie - Houston Symphony
Free Seating – AIP will have 15 seats reserved.

07/20/2023 Gates at 7:00 PM Show at 08:00 PM

Cirque and Symphony go hand-in-hand – just like a couple of trapeze swingers!

Prepare for a dazzling spectacle of sight and sound as Cirque de la Symphonie returns! Jaw-dropping feats by the world's greatest aerial flyers, acrobats, contortionists, dancers, balancers, and jugglers pair with breathtaking music performed by the full Houston Symphony in this one-of-a-kind live concert event—perfect for the whole family!



Please RSVP to Bruce at 281-686-7979 or bruce.cunningham@gmail.com by so we will know how many people to expect. Call AIP (281-845-4441) for more information. If you need a ride, please let us know.

NOTE:

There is a **STRICT** bag size requirement for this show. All bags and purses (unless clear) must be smaller than 4.5" x 6.5". Clear bags must be smaller than 12" x 12".

Past and Future Socials

For the June social, some of our members attended the Elvis Tribute concert at the Pavilion. It was put on by the Houston Symphony with an Elvis tribute singer.

Current plans are for an August social at the home of one of our Board Members. Stay tuned for more information.



Happy Birthday! to our July Babies



Mary Mejia

Patrick W Lyons

Ileana Turcinovic

Louise Sander

Krishana Syal

Ted Mitra

Events / Activities

Did you know The Woodlands Township has a free rental program for birding supplies? The birding backpack includes binoculars, field guides, and resources for successful birding excursion and can be rented for up to a week at a time.

It's a great activity to do with children while they are out of school. Immerse yourself in nature and start bird watching today!



Birding Backpack Program

The Environmental Services Department is now offering high quality, Osprey daypacks filled with all the necessary supplies to start birding, free of charge to residents.

Who can borrow a backpack?

Residents, 18 and older, may borrow a backpack for up to one week.

What's included?

Vortex Diamondback HD 8x32 binoculars, bird identification guides (Spanish version available), local birding checklist, park and pathways map, folding chair, and note taking supplies.

How do I reserve a backpack?

Call 281-210-2058 to reserve a backpack for your next adventure.

Resources That You Can Use

NOTE: For our members, Aging in Place - The Woodlands reports third party resources which may help you or your loved one to continue living independently at home. Once logged in, members can access these resources/services on our website at <https://aiptwt.clubexpress.com/>. If accessing our webpage is not possible, please call us at 281-845-4441.

These are services provided by other organizations which may be helpful. The information and references to any service or provider shared in this section is for informational purposes only and is not an endorsement or recommendation or implies any vetting by AIP-TW of that service or provider. Any errors, updates, suggestions, please call us at 281-845-4441.

Some of the resources categories listed on our website are:

- Transportation
- Medical Treatment at Home
- Medical Accessories
- Personal Support - Lay, Divorce and Grief Counseling
- Meals
- Social Activities
- Technical Support - Computer, Phone, Internet
- At Home Support - companionship, light housekeeping, run errands, etc

... and More

Here's an example of the resources on our website.

➤ **Seamless Senior Transitions** 346-328-1339

<https://www.seamlesseniortransitions.com/>

- Local owner, Cassy Eriksson, is a Certified Senior Advisor, Certified Dementia Practitioner and Texas Certified Assisted Living Manager and Member, National Placement and Referral Alliance
- Per the website – Seamless Senior Transitions gets to know the senior, his/her likes and dislikes and their unique needs; match the family with appropriate communities; attend tours with the family; provide our feedback and listen to yours; work with you to create a transition plan and identify resources to help with the move.
- Free service for seniors and their families

Check back periodically as we'll update these resources and add stories, blogs and podcasts giving our experiences about getting things done and sharing knowledge of services and craft workers in the area.

It's summer!





Essential to building and sustaining thriving Villages

**Our Village is a
Proud Member of
the Village to Village
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aipw> or visit our website:
<https://aipwtx.clubexpress.com>.

Contact us at:

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