



***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***

**June 2023**

## **President's Post**

Hi Members,

Welcome to Summer! Memorial Weekend is such a great time to reflect on those who gave their lives while serving in the Armed Forces. On this special weekend, I also honor all those warriors who fight every day for the health, safety, and comfort of those who are in the sunset phase of their lives. Many of those people are our friends, relatives, neighbors and even strangers with a heart for helping others.

I was very pleased to receive a phone call today from a couple of my dad's friends who live here in The Woodlands. Sadly, the wife told me that her husband is receiving hospice. She is trying to cope with the millions of things one must do, like handling the finances, paperwork and sometimes, battling the medical fraternity who have one eye on the patient and another eye on a potential lawsuit. By the end of the call, I was able to share information about the support system we have for one another and encourage her to join Aging in Place – The Woodlands. This is such a good time for neighbors to help neighbors.

If any of you know of people in your area who could benefit from joining our membership, please spread the word. Also, if you know of anyone with a little time on their hands, let them know about our volunteer opportunities. Being a driver is very rewarding. Myself and the other drivers meet and get to talk with our interesting members. There is always something satisfying when we can lend a meaningful helping hand.

Thanks to Bob, with help from other members, we are gathering a growing list of organizations in our community that provide support for those choosing to age in their home. Our goal is not to duplicate the services ably offered by others but to ensure our members know what is available in the community.

The services most used by our members continue to be the transportation service and the social events. When I spend time with our members, I am always inspired by their stories and experiences. There is a wealth of knowledge in our membership that can be shared. Margo and I have discussed posting this kind of information on our website for our members. We would like to share knowledge about what is readily available and how to access that support, plus tips and techniques for getting things done. We will look at getting something like this up and going when Margo returns from her vacation, and I return from mine. 😊

Hope you had a wonderful Memorial Weekend. Best wishes, Robyn

## June Social



### Symphonic Tribute to Elvis by the Houston Symphony

Aging in Place will have 15 reserved seats for the June concert. Tickets are free. The seats are on the mezzanine level of the Pavilion in a section labeled Aging in Place. Gates open at 7 p.m. for the 8 p.m. performance.

Please RSVP via email to Erika Bondy Pratt [ebpratt9@yahoo.com](mailto:ebpratt9@yahoo.com) by June 12, so we will know how many people to expect. Call AIP (281-845-4441) for more information or to RSVP if you do not use email. If you need a ride, please let us know.

June 14 - Symphonic Tribute to Elvis by the Houston Symphony

<https://www.woodlandscenter.org/events/2023/performing-arts/hso-elvis>

### July Social: Aging in Place Social - Coming in July

July 20 - Cirque de la Symphonie by the Houston Symphony

o <https://www.woodlandscenter.org/events/2023/performing-arts/hso-cirque>

Call AIP at 281-845-4441 if you need a ride to the socials.

**May Social Recap:** Twelve people enjoyed the ballet at the Pavilion.

## Spring 2023 Interfaith Caregivers Conference



Bob Evans (pictured) and Pat Goodpastor represented Aging in Place at the Interfaith Caregivers Conference on Saturday May 19th. Bob told AIP, "I enjoyed the Interfaith Conference. We had a good number of people ask about AIPTW and a handful that said they would consider volunteering. I also talked to a lot of people and learned about a number of outside resources that may be of interest to our members."

## Resources That You Can Use

For our members, Aging in Place - The Woodlands reports third party resources which may help you or your loved one to continue living independently at home. Once logged in, members can access these resources/services on our website at <https://aiptwt.clubexpress.com/>. If accessing our webpage is not possible, please call us at 281-845-4441.

**Note:**

All community resources, including references to any service or provider shared on our webpage or received from calling Aging in Place - The Woodlands (AIP-TW), are for informational purposes only. AIP-TW does not provide endorsement, recommendation, or vetting of any services or providers.

**Types of Community Resources and Service Options**

(Visit our website or call us for more information.)

- Transportation
- Medical Treatment at Home
- Medical Accessories
- Personal Support - grief, divorce and lay counseling programs
- Meals
- Social Activities
- Technical Support - computer, phone, internet
- At Home Support - companionship, light housekeeping, errands, meal prep
- Caregiver Support - respite, dementia programs, dementia education/conferences
- Other

Community Resources information is available only to members of AIP-TW. To become a member, please visit the home page of our website [aiptwt.clubexpress.com](http://aiptwt.clubexpress.com) or call us at 281-845-4441



To plant a garden is to believe in tomorrow.  
Audrey Hepburn



Essential to building and sustaining thriving Villages

**Our Village is a  
Proud Member of  
the Village to Village  
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aiptw> or visit our website:  
<https://aiptwtx.clubexpress.com>.