

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

JANUARY 2023

Dear Members,

Wishing you all a very Happy and Healthy New Year.

Reflecting on last year, and things we can do together to make life a little easier and more enjoyable as we age in our homes, the opportunities seem endless. Writing this from my vacation home in New Zealand, I am now more aware that choosing to age one's home is a growing international trend. The concept is the same. Neighbors helping neighbors to easily and comfortably get from A to B, or do a challenging household chore, or spend time together.

We have a great little community of Aging in Place members in The Woodlands and very dedicated and generous members who volunteer their time. However, we do need to encourage more people to give a little of their time to help with the organizing.

One of the original founders of Aging in Place - The Woodlands, Bruce Cunningham, has been leading the Social Committee among all the other things he does and has done for us. Bruce is looking for a member to take over leading the Social Committee. After all his years of helping others, he deserves a well-earned break from this role.

Please send me an email (aipwtwx@gmail.com) if you are interested in this role and learning more about what it entails.

I think it may be time to get a more formal rotation of roles in place so the workload is more evenly spread and people can take on roles knowing that it is for a certain period of time.

Thanks to each of you for being members of Aging in Place - The Woodlands. We look forward to a great 2023.

Best wishes,
Robyn

You are never too old to set another goal or to dream a new dream. C. S. Lewis



Make an Aging-in-Place New Year's Resolution!

We hope that this month you will renew your AIP membership and update your profile on our new and improved website.

You may recall that due to COVID, AIP-TW wasn't providing services during much of 2020, and as a result, your Board decided to automatically extend all member expiration dates ultimately by two years. Therefore, most people currently have expiration dates out to late-2023 and no one had to pay dues for these 2-year renewals. Only recently have some members been advised of their membership expiration and some of you have recently renewed.

The simplest way to accomplish this member profile update is for members to go through a full renewal process. Therefore, all volunteers and some other member categories will have their renewal date reset to January 31, 2023 and this will result in an update to your profile as you complete the renewal.

You will receive an email about your renewal in January. Please click on the link in the email and follow the instructions. Call Aging in Place if you have any questions – 281-845-4441.

Our AIP Call Managers will assist members who need help with their membership renewal and profile update. We will also call those members who do not have access to a computer and complete the renewal process with them.

If you have recently renewed your membership, you will not get a renewal email message. Please go to the website, log in and update your profile.

All AIP Members

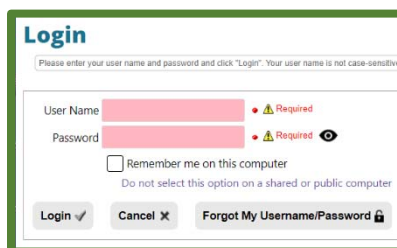
- As you go through the renewal process, you'll update your: Interests, Services to receive or provide, and your emergency contact information.
- You will also be asked to accept a new Joining Agreement which contains the legal liability and other releases that are required by our insurance company and other necessary issues for our safe and productive operation.

Clients / Riders

- If you are a rider, your mobility information and other helpful information can now be updated in your profile.

Volunteer / Drivers

- Volunteers will be notified of their current Background Check status so that they only renew their Background Checks if those are also expiring.
- If you are a driver, your car, insurance, and driver's license information can now be updated in your profile.



If you haven't logged in recently, use the Forget my Username / Password option to have your Username and a new password automatically sent to you.

December Social at Creekside Park

We had lunch at Creekside Park. The day started cloudy and cool but became a beautiful, sunny day thanks to Erika's positive thinking! Erika Pratt and Bruce Cunningham brought an assortment of sandwiches and other wonderful lunch eats. Vivien Garrigues made delicious cookies.



A Holiday Party!



Events

47th Annual Arbor Day Tree Giveaway

Saturday, January 28, 2023

Arbor Day Tree Giveaway encourages residents to plant free seedlings in their yards, community open spaces and forest preserves. This year, 12 varieties of native seedlings will be available, including both canopy and understory trees. Rob Fleming Park. Address: 6055 Creekside Forest Dr. The Woodlands, TX 77389.

Taste of the Town

January 26, 2023

Taste of the Town is a paradise for foodies looking to fulfill their cravings and sample local area cuisine! For one low price, guests can sample mouth-watering appetizers, entrees, desserts, pastries, and drinks from more than 40 of the area's finest restaurants, caterers, bakeries and beverage companies. Join us on January 26, 2023 from 5 to 9 p.m. at The Woodlands Waterway Marriott Hotel & Convention Center. Purchase tickets today and learn more at www.tasteofthetown.org.



Lunar New Year Celebration & Lion Dance performances

Saturday, January 14th

Lunar New Year is January 22, 2023. Celebrate January 14th at The Woodlands Children's Museum with Lion Dance performances by the Celestial Dragon Houston Lion Kings at 10:30am and 11:30am. Special Storytime: "The Year of the Rabbit: Tales from the Chinese Zodiac" by Oliver Chin.

The Woodlands Farmers Market

Every Saturday

Located in the Grogan's Mill Shopping Center, The Woodlands Farmers Market is home to vendors offering locally grown produce, grass fed beef, Texas handmade artisan cheeses, goat cheese, sustainably cultivated coffee, local honey, breads & pastries, no sugar-added baked goods, prepared tamales, Indian cuisine & Mediterranean food, gluten-free options, and seasonal products. The market is open every Saturday from 9:00 a.m. to 1:00 pm, rain or shine.

Glade Cultural Center

Every Day

Glade Cultural Center provides a unique and accessible fine arts experience with a hosted fine art gallery and antiquities. Curated museum-like exhibits showcasing local and international artists with acclaimed private and public art collections along with non-profit programs delivered by the Glade Arts Foundation a (501(c)(3) focused on art education, scholarships and community based public art projects.

Resources That You Can Use

NOTE: These are services provided by other organizations which may be helpful. The information and references to any service or provider shared in this section is for informational purposes only and is not an endorsement or recommendation or implies any vetting by AIP-TW of that service or provider. Any errors, updates, suggestions, please call us at 281-845-4441.

MEALS

- **Meals on Wheels** 936-271-2183
<https://www.mowmc.org/programs/meals-on-wheels-meal-delivery/>
 - Age 60+; unable to leave home; difficult to prepare own meals; no daytime assistance; living in Montgomery County; no income requirement
 - one meal per day; all meals are prepared fresh every day in the MoW on-site kitchen; other food assistance as determined; will provide food for pets
- **South County Community Center Lunch** 281-363-9410
<https://www.precinct3.org/community-centers/south-county-community-center/>
 - Lunch provided 5 days per week at the South County Community Center at 11:30AM.

GARDEN MAINTENANCE

Beyond hiring a company to cut and trim lawns and blow debris off properties, it has been difficult to find a company or individual who has sufficient horticultural knowledge to manage a home's gardens on a regular schedule, if we cannot, or do not wish, to do so.

If you know of a knowledgeable company or individual who will work in your garden as if it was their own at a reasonable price, please contact AIP at 281-845-4441.

- Master Gardeners will train individuals or groups to do such work but do not do it themselves.
- **Greengate Turf and Pest** 281-898-5282 <https://www.greengateturf.com/>
 - Greengate is the only company we have found so far that approximates this ideal.
 - Greengate will send 2 or 3 individuals to detail your yard and complete any maintenance projects you need. They charge by the hour including travel time. Most recently the charge was \$59/hour/person.

Looking forward to spring!





Essential to building and sustaining thriving Villages

**Our Village is a
Proud Member of
the Village to Village
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aipw> or visit our website:
<https://aipwtx.clubexpress.com>.



Resolve to keep happy, and your joy and you shall form an
invincible host against difficulties. Helen Keller